

Titan Hall 1st & 3rd Floor Room 1123 & 1334

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Fullerton, CA 92831

# CAPS

Counseling and Psychological Services (CAPS) is a mental health campus resource that provides CSUF students:

- CAPS Website & Social Media
- COMPASS.Fullerton.edu
- YOU.Fullerton.edu
- Peer Mental Wellness Team
- CAPS Wellness Room
- Yoga Classes
- Wellness Workshops
- Drop-in-Groups
- Wellness Coaching
- Case Management
- Psychotherapy Groups
- Initial Consultation
- Single Session Therapy
- Short Term Therapy
- Psychiatry Services
- Mobile Crisis Team
- Crisis Services



**CALL (657) 278-3040**

to speak with crisis counselor or to schedule an appointment

